

# Learning the Ropes



Level 1 - Bell Handling
Introduction to the bells - see the bells and how they work
Safety considerations
Building skills for Backstrokes
Building skills for Handstrokes
Both strokes together
Ring bell down and up
Change speed at handstroke and backstroke
Standing exercises
Ringing rounds on 3 and 4 bells

Level 2 – Foundation Skills
Rounds on 6 bells
Call changes
Leading
Place making exercises
Dodging exercises
Mexican wave
Call simple call changes
Understand the concept of place in a row
Understand ringing jargon

Level 3 – Introduction to Change Ringing
Plain hunt on three different inside bells
Plain hunt on the treble
Plain hunt the treble to a touch of doubles
Cover to a touch of doubles
Ring up in peal on 3 bells
Say 'go' and 'that's all' to plain hunt on 5
<b>Quarter Peal</b> on the Treble to a Doubles method
<b>Quarter Peal</b> on the Tenor to Doubles*
* or 2 <sup>nd</sup> Quarter Peal on the Treble to Doubles

Level 4 – Novice Change Ringer (Doubles)
Plain course of chosen doubles method
Touches of chosen doubles method
Call 'go' and 'that's all' to plain course of same method
Raise and lower in peal on 6 bells
Understand concept of the 'Blue line'
Understand concept of the 'circle of work'
Understand the concept of 'Place bells'
Be aware of where the treble is passed
<b>Quarter Peal</b> of chosen method 'inside'

Level 5 – Change Ringer (Doubles)
Ring one other Doubles method inside
Ring touches of Plain Bob Minor inside
Call 120 of chosen doubles method
Ring treble to a <b>Quarter Peal</b> of Minor
Ring inside to a <b>Quarter Peal</b> in 2 <sup>nd</sup> doubles method
Ring <b>Quarter Peal</b> of plain bob minor inside